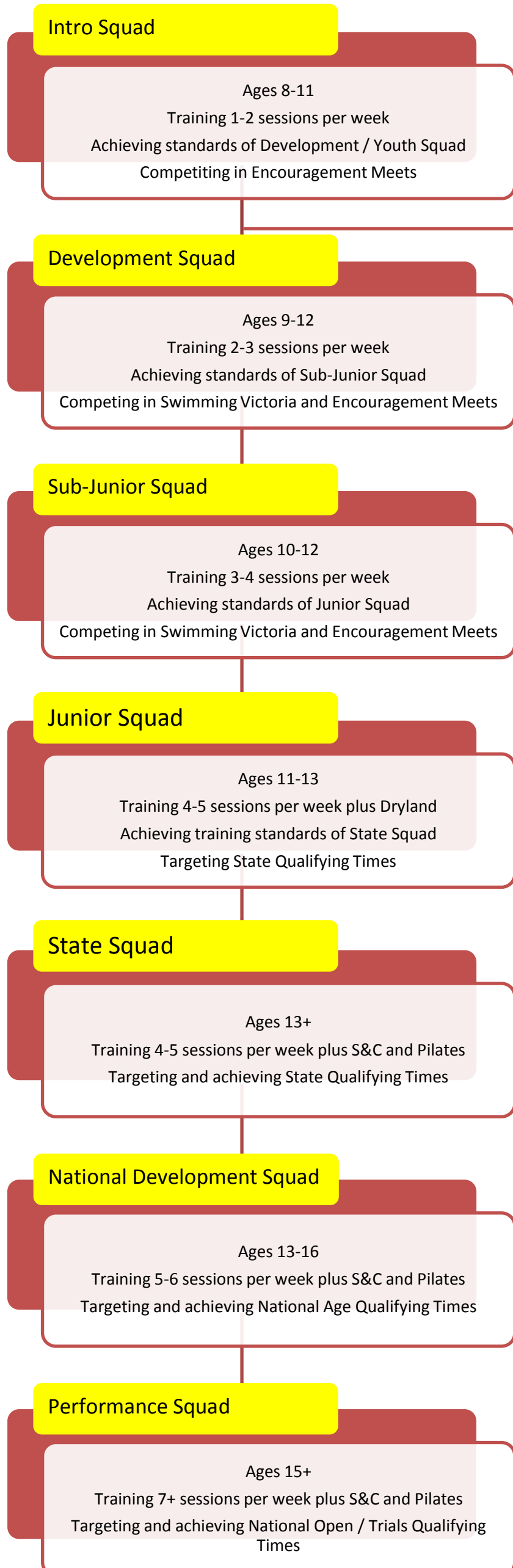
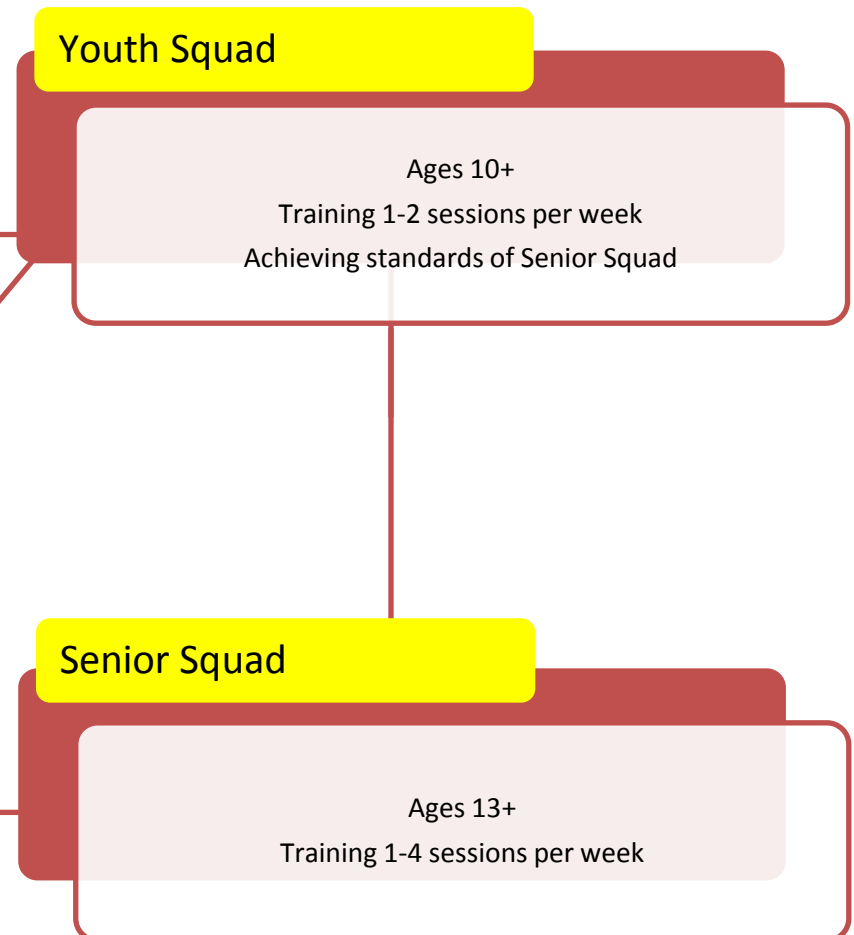




Competitive Pathway



Fitness Pathway



❖ All squad moves will be made at the coaches' discretion and coaches will consider all factors when making decisions.

If a Fitness swimmer demonstrates interest and commitment to competition and training standards of the respective age group in the Competitive stream, coaches may invite him or her to trial the appropriate squad.

If a swimmer in a Competitive squad does not continue to meet training and competition standards of his or her squad, coaches may move the swimmer to the appropriate Fitness squad for his or her age group.